



# Cyber Resilience

by Nadia Veeran-Patel, ContinuitySA

# CYBER RESILIENCE



## Resilience

(n.) The ability to become strong, healthy or successful again after something bad happens.

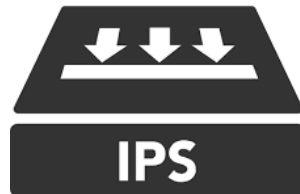
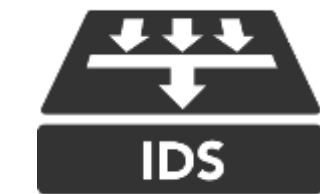


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# CYBER SECURITY VERSUS CYBER RESILIENCE

## CYBER SECURITY

Technologies, processes and measures designed to protect organisations from cyber crimes

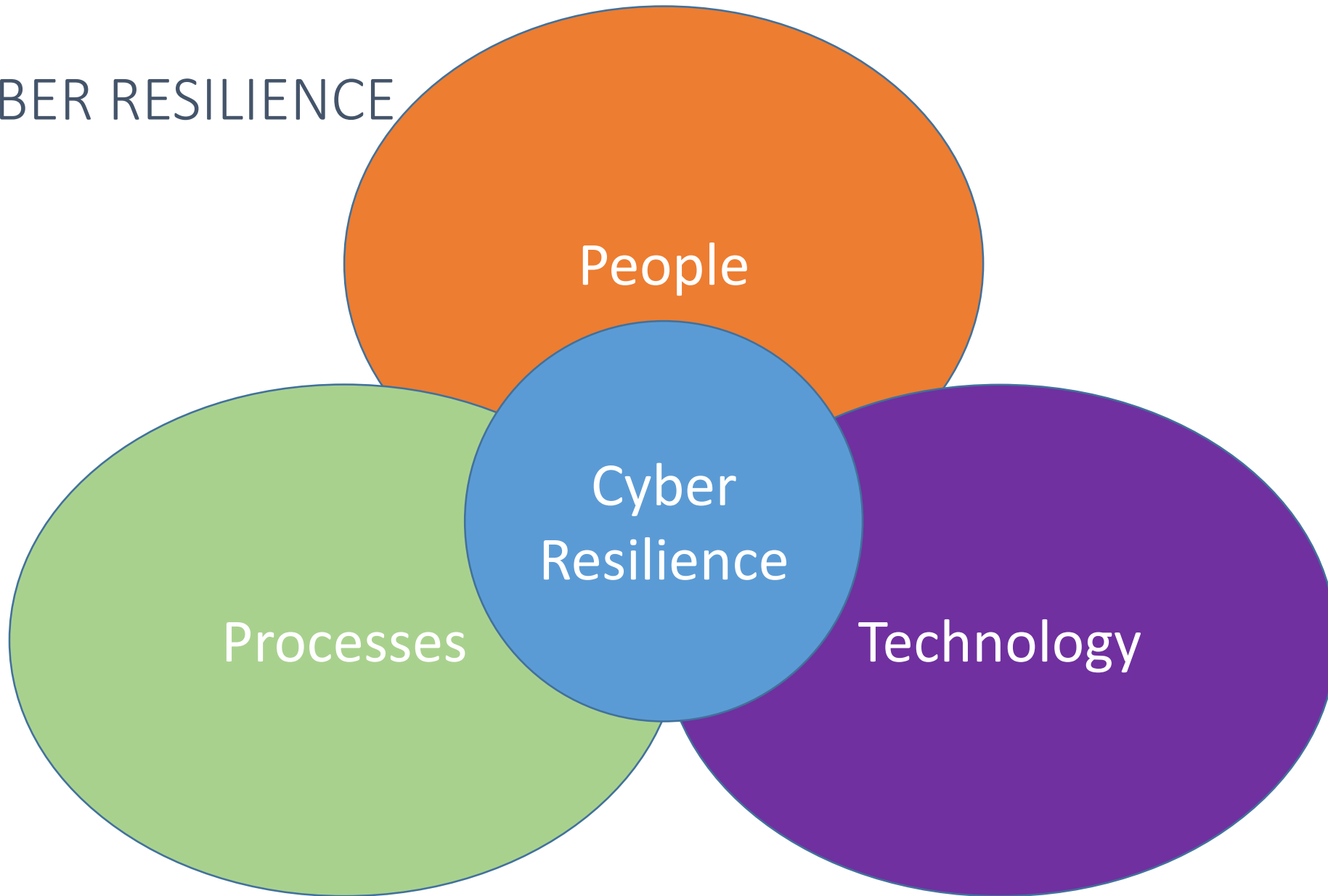


## CYBER RESILIENCE

Covers the security of all content, not just data connected to the internet



# CYBER RESILIENCE



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# HOW TO ACHIEVE CYBER RESILIENCE?

## Business Exposure



Critical Assets & Business Processes

+

Cyber Security and IT Strategy

+

Risk Management

+

Response Readiness



**Business Continuity & Disaster Recovery**



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# HOW PREPARED ARE YOU???



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THANK YOU!

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